

**Behavioral Health Home
National Depression and Mental Health
Screening Month**

“Public health professionals are encouraged to increase awareness of depression and other mental illnesses, promote the importance of a mental health screenings, and reduce stigma associated with mental illness.”

-www.naccho.org

Find out how BHH Services can help bring awareness:

Comprehensive Care management	Review health record and ensure clients has received proper screenings for depression and other mental illnesses. Discuss with client results of any screenings. Develop treatment plans around the results of depression and mental health screenings.
Care Coordination	Assist client with scheduling appointments as a follow-up to depression and mental health screening results.
Health Promotion	Increase awareness of depression and mental illness by offering classes to educate clients. Offer workshops that reduce stigma and encourage clients to seek help when needed.
Comprehensive transitional care	If a client admitted to the hospital because of depression or a mental health disorder, meet with client and discuss treatment options. After client is discharged, create a plan to ensure client is not readmitted.
Patient and family support	Educate client and family members on depression and mental illnesses. Offer support as needed and encourage family to seek help when needed.
Referral to community support services	Find and suggest community peer support services. Research both local and online support groups for clients with depression or any other mental illness.

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 National Child Health Day	3	4	5	6	7
8	9	10 World Mental Health Day	11	12	13	14
15 Healthcare Quality Week	16	17	18 World Menopause Day	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween				

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Community Resources

- [Advocacy Unlimited](#)
- [Emotions Anonymous](#)
- [Alternatives to Suicide](#)
- [Substance Abuse Walk-In Assessment Centers](#)

Online Resources

- [Depression Screening Day](#)
- [Free Depression Webinars](#)
- [Online Assessment Measures](#)
- [Prevention of Mental Disorders—Effective Interventions and Policy Options](#)
- [Bipolar Test Screening](#)
- [The Mood Disorder Questionnaire](#)
- [PTSD Screening Instruments](#)
- [List of all Screening Tools](#)

Toolkits & Handouts

- [Healing the Stigma of Depression—A Guide for Helping Professionals](#)
- [Stigma and Mental Illness](#)
- [Depression—Getting Help](#)
- [StigmaFree Pledge](#)
- [National Depression Screening Day](#)

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