

## **Behavioral Health Integration Resources and Trainings**

- **The Business Case for the Integration of Behavioral Health and Primary Care**

This monograph along with the companion excel tool can assist you in building a sample business case for behavioral health integration. These resources and other key teachings from the 2013 NACHC led Behavioral Health Learning Community can be found using the following link:

[http://www.integration.samhsa.gov/financing/The\\_Business\\_Case\\_for\\_Behavioral\\_Health\\_Care\\_Monograph.pdf](http://www.integration.samhsa.gov/financing/The_Business_Case_for_Behavioral_Health_Care_Monograph.pdf)

- **Integrating Behavioral Health into Primary Care**

Primary care settings have become a gateway for many individuals with behavioral health and primary care needs. To address these needs, many primary care providers are integrating behavioral health care services into their setting. Models have emerged that include the use of care managers, behavioral health consultants, behaviorists, or consultation models.

<http://www.integration.samhsa.gov/integrated-care-models/behavioral-health-in-primary-care>

- **Center for Integrated Health Solutions (CIHS) Standard Framework for Levels of Integrated Healthcare**

This framework helps primary and behavioral healthcare provider organizations improve outcomes by helping them understand where they are on the integration continuum. This six-level framework can be used for planning; creating a common language to discuss integration, progress, and financing; supporting assessment and benchmarking efforts; explaining integration efforts to stakeholders; and clarifying differences in vision between two or more partnering organizations.

<http://www.integration.samhsa.gov/resource/standard-framework-for-levels-of-integrated-healthcare>

- **Screening, Brief Intervention, and Referral to Treatment (SBIRT)**

The SBIRT section of the CIHS website provides resources on this evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs. The SBIRT model was cited by an Institute of Medicine recommendation that called for community-based screening for health risk behaviors, including substance use.

<http://www.integration.samhsa.gov/clinical-practice/sbirt>

- **Screening Tools – Mental Health**

These tools provide access to information and guidance on resources and screening tools related to mental health.

<http://www.integration.samhsa.gov/clinical-practice/screening-tools>

- **Wellness Strategies**

Information and links to a number of guides focused on strategies:

<http://www.integration.samhsa.gov/health-wellness/wellness-strategies>

- **Understanding the National Health Service Corps: A Guide for Community Behavioral Health Providers and Primary Care Partners**

This guide is intended to assist behavioral health sites interested in applying to become NHSC-approved sites. It also describes the ways in which sites benefit from NHSC participation, including opportunities to recruit providers and residents dedicated to working where they are needed most. In addition, information is included for clinicians interested in taking advantage of NHSC employment, including an overview of the NHSC loan repayment benefits.

[http://www.integration.samhsa.gov/workforce/Understand\\_NHSC.pdf](http://www.integration.samhsa.gov/workforce/Understand_NHSC.pdf)

## National Training Resources

- The [AHRQ Self-Management Support Resource Library](#) includes a number trainings to help clinicians work with patients on how to make informed decisions about their own health care.
- The [Addiction Transfer Technology Center Network \(ATTC\)](#) is committed to providing professionals in the addictions treatment and recovery field access to the highest level of professional development opportunities and training events. The ATTC network provides a host of on-line and self-paced training opportunities through [healthknowledge.org](http://healthknowledge.org).
- The California Healthcare Foundation's - [patient-coaching techniques for clinicians](#) provides useful 14-minute videos that demonstrates patient-coaching techniques that clinicians and community health workers or educators can use to collaborate with their patients.
- [The Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide](#) is designed to help health care professionals quickly identify youth at risk for alcohol-related problems. The National Institute on Alcohol Abuse and Alcoholism (NIAAA) developed the guide in collaboration with the American Academy of Pediatrics, a team of underage drinking researchers and clinical specialists, and practicing health care professionals.
- The [AHRQ online library](#) for safety net providers provides easy access to training activities that provide free, accredited continuing medical education and continuing education credits for healthcare professionals.
- [The Case to Care Management Training](#) expands the traditional case manager role from helping clients with serious mental illness establish a life in recovery to a broader role of assisting them to learn to manage chronic physical illness.
- SAMHSA and HRSA identified and reviewed curricula that help behavioral health and primary care practitioners assess, treat, and refer lesbian, gay, bisexual, and transgender (LGBT) clients in a culturally sensitive manner. Six federally-supported LGBT culturally sensitive training curricula are available for Continuing Medical Education/Continuing Education Unit (CME/CEU) credit. SAMHSA and HRSA will continue to disseminate this information on their LGBT websites: [LGBT Training Curricula](#) (SAMHSA) and [LGBT Health](#) (HRSA).
- The [TeamSTEPPS® training module for primary care practices](#) improves patient safety by teaching health care providers and staff how to communicate better, work more effectively, and

make a greater commitment to teamwork. TeamSTEPS is an evidence-based learning approach jointly developed by the Agency for Healthcare Research and Quality (AHRQ) and the Department of Defense (DoD).

- The [Social Worker Standard of Practice and Field Placement](#) provides funding for 28 students to establish integrated care field placements to begin in fall 2013. The Integrated Healthcare Curriculum for Schools of Social Works is a competency-based curriculum to prepare Masters of Social Work students for behavioral health practice focused on integrative and collaborative primary-behavioral healthcare.
- CIHS, in collaboration with the Addiction Technology Transfer Center (ATTC) Network and the Morehouse School of Medicine National Center for Primary Care, developed a [5-hour self-paced online course](#) for addiction treatment professionals considering career opportunities in primary care. The course provides these professionals with resources and information to help them decide whether working in a primary care setting is right for them.
- The [Whole Health Action Management \(WHAM\)](#) program creates workforce capacity by preparing consumers to serve as health educators and coaches. The curriculum guides participants through a person-centered planning process to set a whole health and resiliency goal and implementing a weekly action plan for success. The training is designed to support the emerging peer workforce to move into new health integration service models like health homes.
- [Mental Health First Aid](#) creates capacity within the public to identify, understand, and respond to signs of mental illnesses and substance use disorders. It introduces participants to risk factors and warning signs of mental health problems and substance use disorders, builds understanding of their impact, and overviews common treatments. CIHS supported the development of Mental Health First Aid tools designed for application in rural communities. CIHS also supported a Spanish translation and cultural adaptation of the curriculum to address the needs of diverse communities across the country.
- [The Substance Use in Adults and Adolescents: Screening, Brief Intervention and Referral to Treatment \(SBIRT\) free online SBIRT course](#) through Medscape, aims to address the basic principles of SBIRT as well as coding and reimbursement for the implementation of SBIRT in practice.

\*\* A free membership to Medscape is required to view the training.