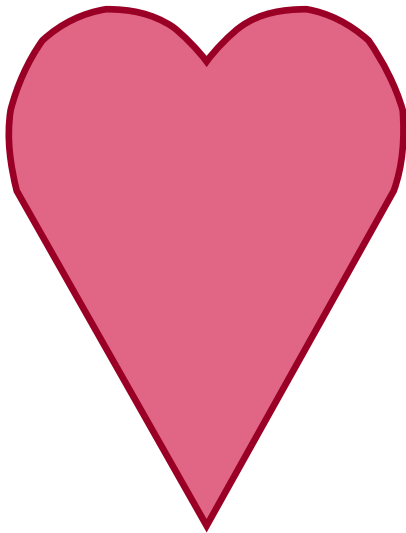


BREAST CANCER AWARENESS MONTH



October 2019



- Breast cancer doesn't always come in the form of a lump.
- Having a male relative who's had breast cancer increases your chances.
- Maintaining a healthy weight can reduce your breast cancer risk.

[Focused On health](#)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2 Zoom 1pm-2pm	3	4	5
6	7	8	9	10	11 SO Work Group 12:30pm – 1:20pm IS Session 1:30pm- 3:00pm	12
13	14	15	16	17	18 WEAR PINK	19
20	21	22	23	24	25	26
27	28	29	30	31		

Community Resources

[American Cancer Society CT Events](#)

[American Cancer Society Lodging](#)

[Middlesex Health](#)

[Comprehensive Breast Center](#)

[Road to Recovery Cancer Transportation](#)

[Saint Francis Hospital - Newly Diagnosed Breast Cancer Support Group](#)

[Breast and Cervical Cancer Early Detection Program/ Medicaid Coverage Group](#)

Online Resources

[Breast Cancer Alliance](#)

[FAQ's](#)

[CDC Vital Signs](#)

[Breathe.Know.Go](#)

[CANCERcare](#)

[How to Find Financial Assistance](#)

[Breast Density Breast Cancer Screening](#)

[Mammography Online Resource](#)

Toolkits& Handouts

[My Breast Cancer Coach](#)

[Hereditary Breast & Ovarian Cancer](#)

[Breast Cancer In Men](#)

[Breast Cancer Young Women FAQ Sheet](#)

[Take Action to Lower Your Breast and Ovarian Cancer Risk](#)

[Reduce My Risk](#)

[Hereditary Breast and Ovarian Cancer](#)

BHH Services

Comprehensive Care Management— Assist with planning and or scheduling annual mammograms and annual check ups. Share helpful health information with client that could assist and or connect care.

Care Coordination— Support clients with finding primary care providers and specialist. Work with providers to ensure clients' concerns are addressed, and treatment is appropriate and monitored.

Health Promotion— Educate clients on the risks of breast cancer, signs of worsening symptoms, alternatives to treatment, and how to utilize self care options.

Comprehensive Transitional Care— If a client has been hospitalized ,ensure that there is a after-care plan in place before discharge.

Patient and Family Support— Provide patients and their families with information they need to make sound decisions on care, assist with seeking out local support groups.

Referral to Community Support Services— Find support groups, events, or community organizations that can help clients who have been diagnosed with cancer.

