

CT Behavioral Health Homes



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
					BHH Annual Picnic	
8	9	10	11	12	13	14
World Physical Therapy Day						
15	16	17	18	19	20	21
					Learning Collaborative Implementation Session	
22	23	24	25	26	27	28
29	30					

Did you know?? In the United States Chronic Pain affects more people than cardio vascular disease, cancer, and diabetes combined. <http://www.hhs.gov/>

Community Resources

[CT Husky Health Pain Management Program](#)

[Live Well with Chronic Pain](#)

[CT Pain Support Groups](#)

[Managing Chronic Pain](#)

Online Resources

[American Chronic Pain Association \(handouts, videos, other resources\)](#)

[Resource Guide Chronic Pain Mgmt](#)

[Neuropathic Pain \(video\)](#)

[Neuropathic Pain Treatment](#)

[Understanding Pain in Less than 5 Minutes \(video\)](#)

[Pathways Through Pain- Priorities & Goals \(video\)](#)

Toolkits & Handouts

[PCP Pain Mgmt Toolkit](#)

[CDC Quick Reference for Healthcare Providers \(tools, factsheets, training\)](#)

[CDC Turn the Tide Pocket Guide](#)

[Pain Management Quick Reference Guide](#)

[Promoting Safer and More Effective Pain Management](#)

[Pain Diary](#)

[After Visit Follow-up Form](#)

BHH Services

Comprehensive Care Management— Utilize and or suggest a pain assessment be completed, and ensure treatment plan addresses needs related to pain or other risk factors.

Care Coordination— Support clients with finding primary and specialist care providers and work with prescribers to ensure pain is addressed, and medications are appropriate and monitored.

Health Promotion— Educate clients on the risks of chronic pain, signs of worsening symptoms, alternatives to pain treatment, and how to utilize self care options.

Comprehensive Transitional Care— If a client has been hospitalized for disorders related to chronic pain, ensure there is a care plan in place upon discharge.

Patient and Family Support— Provide patients and their families with information they need to make sound decisions around pain medications and medical care options.

Referral to Community Support Services— Find support groups, events, or community organizations that can help clients who suffer with chronic pain.

